



WELCOME TO THE 1ST

Newsletter of the WHOW project

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We are thrilled to introduce the WHOW project, an initiative co-funded by the European Union under the Erasmus+ program. Our mission is to support young mothers (aged 14 to 25) who have had to interrupt their studies, training, or careers due to pregnancy, helping them re-enter the workforce with confidence and updated skills. Discover the resources and tools we have specifically designed for them and the professionals who support them, taking into account their expectations and needs.

What is the WHOW Project?

Launched in December 2022, the WHOW (Women Home Working) project brings together five European partners: GIP FIPAN (France), Exeo Lab (Italy), Dramblys (Spain), RightChallenge (Portugal), and Synthesis (Cyprus). Together, we work to help young mothers re-enter employment or training after pregnancy by developing tailored and free tools.

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

DISCOVER OUR INNOVATIVE TOOLS



Mapping the situation of young mothers in the five project countries: conducted between January and July 2023, this study includes a documentary analysis and a questionnaire distributed to young mothers to better understand their needs.

Coaching Course: tools for young mothers and professionals, covering self-awareness, personal development, communication, interpersonal relationships, planning, organization, and parenting skills development.

Training in Digital and Office Tools: a manual for professionals to train young mothers in the essential digital tools needed to re-enter employment or education.

E-learning Training Modules: allowing for autonomous improvement of knowledge in digital and office tools.

E-CV SOFT SKILLS Application: helping young mothers discover and showcase their soft skills (non-technical skills) in their reintegration journey.

E-CV Teaser Creation Guide: specially designed to highlight the strengths and capabilities of young mothers.

Guide of Home Working: full of tips to better balance professional and personal life, especially when working from home. (COMING SOON)



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Women Home Working Erasmus+



Our tools tested during workshops in Toulon

Last May, the team from GIP FIPAN, a French partner of the WHOW project, conducted workshops with seven young mothers accompanied by their children. These sessions took place at CIDFF du Var in Toulon, an organization that partnered with GIP FIPAN and played a key role in the success of this initiative.

Over two weeks, participants benefited from coaching sessions, training, and enriching exchanges.

These workshops enabled young mothers to boost their self-confidence and develop essential professional skills.

The exchanges among participants and the sharing of experiences were particularly valued, as was the content of the training that helped develop or strengthen key skills.

The closing event provided a unique opportunity to connect young mothers with professionals in early childhood education, health, and childcare, thereby improving their knowledge and access to relevant support services.



WANT TO LEARN MORE ABOUT OUR PROJECT?
CONTACT US!

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